



Emergency first aid at work

Who is it for?

Staff who work in lower hazard environments, have fewer staff or where HSE guidelines indicate staff should be trained and hold a certificate in emergency first aid at work.

You may also wish to consider the more comprehensive first aid at work training which includes the recognition and treatment of major medical conditions.

Length

1 day

Course content includes:

- The role of the first aider
- Communicating with a casualty
- Contents of first aid kits (and avoiding cross infection)
- Recording of incidents and accidents
- Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who;
 - is unconscious
 - requires cardio pulmonary resuscitation (CPR)
 - is choking
 - is wounded or bleeding
 - is in shock
- has minor conditions - to include: minor cuts, grazes and bruises, minor burns & scalds, small splinters

Qualification

Emergency first aid at work (EFAW) certificate, valid for 3 years.

Pre-requisites

Candidates must be physically able to carry out the procedures detailed in the course outline and must attend all sessions to be eligible for assessment.

Dates

On application